# Dalhousie Peninsula Campuses Shower Report

Encouraging Active Transportation through the presence of End-of-Trip Facilities

Caroline King & Raleigh King Dalhousie University • Office of Sustainability • 18 June, 2013



The Government of Western Australia's Department of Sport and Recreation's office is leading by example and setting the wheels in motion for more healthy, active workplaces in the region by installing a "bike wall". The office's foyer has been transformed into a safe and secure bike storage area and supports existing shower and change room facilities offered for staff who use active transport to get to work. (http://www.dsr.wa.gov.au/roll-up-and-check-outalbanys-new-bike-wall)

## **Shower Locations**

#### PURPOSE



Workplaces can support and encourage their employees to adopt active transportation by providing secure bicycle storage, lockers and shower facilities.

The purpose of this report is to identify shower facilities on Dalhousie's Peninsula Campuses which includes Studley, Sexton and Carleton that may be used by those in the Dalhousie Community that use active transport.

#### **METHODS**

For this project, all washroom facilities owned by Dalhousie and located on the Peninsula were visited from June 19, 2012 to September 4, 2012. If a shower was present in the building then the location (building, unit, floor & room number), washroom classification (male, female or both), maintenance requirements, shower type (private, not private or semi-private), and additional notes on recommendation were recorded. Pictures were taken of all shower facilities with exception of those located in buildings that used to be residential. For shower facilities located in

buildings that used to be residential, a verbal account of the shower was received from an individual that works in the building. This was assumed sufficient because these facilities are only accessible to those that work in the building. All residences have showers for those residing there.

#### FINDINGS

#### All Accessible Showers

The following are showers that are identified as accessible to all of the Dalhousie Community.

\* Please note- the Dalplex is available to all members of the Dalhousie Community, but requires a purchased membership.

Building	Unit	Floor	Room Number (NEAR)	Male (M)/ Femal e (F)/ BOTH	Type (Private (Y OR N)/ SEMI)
DALPLEX		LEVEL 1	FAMILY CHANGE AREA	вотн	SEMI
DALPLEX		LEVEL 1	POOL AREA	BOTH	SEMI
DALPLEX		LEVEL 1	MEN'S CHANGE ROOM	Μ	SEMI
DALPLEX		LEVEL 1	Women's CHANGE ROOM	F	SEMI
Sir James Dunn		LEVEL B	B27	М	Y
Killam Library		LEVEL B	WR03 (B110)	F	Y
Killam Library		LEVEL B	WR04 (B110)	М	Y
Mona Campbell				BOTH	Υ
Student Union Building		LEVEL 3	WR01	BOTH	SEMI
Tupper Building		BASEMENT	WR01	М	Υ
Sexton Library Building Complex		LEVEL 1	MEN'S LOCKER ROOM	Μ	SEMI

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Building	Unit	Floor	Room Number (NEAR)	Male (M)/ Femal e (F)/ BOTH	Type (Private (Y OR N)/ SEMI)
Sexton Library Building Complex	l Building	LEVEL 1	Women's LOCKER ROOM	F	SEMI
Murray Building	l Building	LEVEL 3	315	BOTH	Y
Life Science Building C201	BioL & EARTH	BASEMENT	1810	М	Y
Life Science Building C201	BioL & EARTH	BASEMENT	1818	F	Y
Life Science Building C202	Oceanog raphy	LEVEL 2	2687	вотн	Y
Central Services Building		LEVEL 2		вотн	Y
Central Services Building		LEVEL 2	MEN'S LOCKER ROOM	М	Y
Central Services Building		LEVEL 1		BOTH	SEMI
Studley gym		BASEMENT	Women's LOCKER ROOM		SEMI
Studley gym		BASEMENT	MEN'S LOCKER ROOM		SEMI
Life Science Research Institute		BASEMENT		вотн	Y
Clinical Research Centre		Main Floor	Unisex Wash Room	вотн	Y
Ocean Science Building		Main Floor			

#### Showers that Require Maintenance

Building	Floor	Room Numb er (NEA R)	Male (M)/Female (F)/BOTH	Type (Private (Y OR N)/ SEMI)
Tupper Building	BASEMENT	WR01	М	Y
Central Services Building	LEVEL 1		вотн	SEMI

The following are showers that were identified as requiring maintenance.

#### RECOMMENDATIONS

#### Unisex

The following showers should be made unisex.

Building	Floor	Room Number (NEAR)	Male (M)/ Female (F)/ BOTH	Type (Private (Y OR N)/ SEMI)
Tupper Building	BASEMENT	WR01	М	Y
Sir James Dunn	LEVEL B	B27	М	Y

#### **Require Signage**

All shower facilities require proper signage it is recommended that signage be put up for all endof-trips facilities with uniform branding. The following showers require better signage immediately.

Building	Floor	Room Number (NEAR)	Male (M)/ Female (F)/ BOTH	Type (Private (Y or N)/SEMI)
Sir James Dunn	LEVEL B	B27	М	Y
Life Science Building C202	Oceanography	2	2687	
Central Services Building	LEVEL 2		вотн	Y
Central Services Building	LEVEL 2	MEN'S LOCKER ROOM	М	Y
Central Services Building	LEVEL 1		вотн	SEMI

### PICTURES OF ACCESSIBLE SHOWER FACILITIES



Dalplex Family Change Room



Dalplex Pool Area



Dalplex Men's Change Area



Dalplex Women's Change Area



Sir James Dunn Level B



Killam Library Level B Female



Killam Library Level B Male



Student Union Building Level 3



**Tupper Building Basement** 



Sexton Library Building Complex Women's Locker Room



Murray Building



LSC Room 1818



LSC Room 1810



LSC Room 2687

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Central Services Level 2 Men's Locker Room



Central Services Level 2 Unisex Shower



Central Services Level One - Emergency Shower (Potential to be Changed into a AT Shower Facility



Studley Gym Women's Locker Room



Studley Gym Women's Locker Room



Studley Gym Men's Locker Room



LSRI Basement



LSRI Basement

	Showers Only Accessible to those Working in the Building						
Building	Unit	Floor	Room Number (NEAR)	Shower (Y	M/F/ BOTH	Maintenance Required? (Y/N)	Private (Y/N/SEMI)
Building	Unit	Floor	Room Number (NEAR)	Shower (Y	M/F/ BOTH	Maintenance Required? (Y/N)	Private (Y/N/SEMI)
Stairs House		LEVEL 2	WR01	Y	BOTH	N	Y
Dalhousie Faculty Association		LEVEL 2	WR01	Y	BOTH	N	Y
Women's wo Centre	omen's	LEVEL 2	WR02	Y	BOTH	N	Y
Storage Facility		LEVEL 2	WR01	Y	вотн	N	Y
Sexton House		LEVEL 2	WR01	Y	вотн	N	Y
Roulsten House		LEVEL 2	WR01 (20	1)			
Economics C	760	LEVEL 2	WR01 (A2	Y	вотн	N	Y
Grad House		LEVEL 2	WR01 (21	Υ	вотн	N	Y

#### ADDITIONAL SHOWER INFORMATION

Showers Only Accessible to those Working in the Building							
Building	Unit	Floor	Room Number (NEAR)	Shower (Y	M/F/ BOTH	Maintenance Required? (Y/N)	Private (Y/N/SEMI)
Industry Liaison and Innovation		LEVEL 2	WR01 (08)	Y	вотн	Ν	Y
Chaplaincy Office/ Multi-Faith Centre		LEVEL 2	210	Y	вотн	Ν	Y
1308 Robie Street		LEVEL 2	WR01 (14)	Y	вотн	N	Y
Admin Computing		LEVEL 1	WR01 (04)	Y	вотн	N	Y
Applied Research Collabo- rations for Health (ARCH)		LEVEL 2	WRO1 (20	Y	BOTH	N	Y
Sexton House		LEVEL 2	WR01	Y	BOTH	N	Y
6420							
Coburg		LEVEL 2	WR01		BOTH		Y
Road				Y		N	

Residences						
Name	Campus	Location				
Howe Hall, University Health	Studley	6230 Coburg Road, B3H 1Z9				
Eliza Ritchie Hall	Studley	6250 South Street, B3H 3E2				
Shirreff Hall	Studley	$6_38_5$ South Street, $B_3H_4J_4$				
Risley Hall	Studley	1233 LeMarchant, B3H 3P6				

Residences							
Name	Campus	Location					
University Child Centre and Residence	Studley	6101-6111 South Street, B3H 1T2					
Graduate Student Residence	Sexton	5231 Morris Street, B3J 1B6					
Gerard Hall	Sexton	5303 Morris Street, B3J 1B6					
Student Residence D <sub>34</sub> 0	Studley	1435 Seymour Street, B3H 3M6					
DeMille House	Studley	1411 Seymour Street, B3H 3M6					
Student Residence D542	Studley	1410 Henry Street, B3H 3J8					